



Meeting Agenda Monday, October 14, 2024
5:30 PM

I. WELCOME

Attendance

Jennifer Zimmermann
Jennifer Charnow
Marissa Watters
Madeline Charnow
Christine Pollinger
Michelle Gaeta
Margaret Montenare
Mason Herzog
Beth McIntrye
Melanie Struble- Body Positive Works
Simon Sherfer WCLPD
Staci Jarnis, Guardian Recovery
Erin Rudolph
Joanna Katz
Brian Lamendola
Ronnie Silver

II. Law Enforcement Updates

Police updates

River Vale-

Woodcliff Lake- Simon Sherfer

- Everything going well; 5th grade LEAD program is about to begin; trunk-or-treat is scheduled.
- Crime-related incidents- focusing on the reminder that this is the season for burglaries and porch robberies. WCL does vacant home checks if needed.

Montvale- Brian Lamendola

- Uptick in juvenile shoplifting, but not juvenile's from our area.

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- Started the Junior Police Academy for 7th and 8th graders. We currently have 21 students- one of the biggest classes we've had so far.

Hillsdale -

IV. PVRSD Representatives

Student Climate Report

Madeline Charnow- Pascack Hills

- Started the year with another student loss- Brooker Dryerman. Students, teachers, and admin have all been supportive during this time and continue to visit her memorial in the parking lot.
- PH Cares Out of The Darkness Walk was Sunday, October 13. Teachers have been utilizing the phone holders in most of the classrooms- students are seeing a positive experience. Week of Respect was last week; students signed a banner to promote respect throughout the school. The Third Annual Food Truck Festival took place today and was successful.

Mason Herzog- Pascack Valley

- Incredible start to the year- PV has been buzzing with energy and enthusiasm. Sports are in full swing and PV Spirit is high. The first Valley Cup occurred; an exciting competition to kick off the year with pride. Camp Raspberry has increased to about 230 volunteers. PV is looking forward to a fantastic school year.

Pascack Valley High School

SAC Margaret Montenare

- Partnership for Change came to speak to 11th graders to speak about healthy relationships, etc. and also had a table event for all students during lunch time.
- Craft activities available in the media center during the week of respect. Working with PH to keep things similar and provide parallel programming. The Healing Space is coming for 9th graders in all health classes- spreading the message of healthy relationships.

Pascack Hills High School -

AP Christine Pollinger

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- New anonymous reporting system called Say Something will kick off in the upcoming months. This will allow students and parents to report tips and information and threats and also help others to
- SAC Jennifer Zimmermann
- Signs of Suicide presentation shared with 9th graders in health classes.
 - The Healing Space will present at PH at the end of October, and throughout the year on topics such as digital safety, how to prepare for college, etc. We will have an ice cream event to help provide drug and alcohol abuse awareness.

Michelle Gaeta, PH Math Teacher

- Out of the darkness walk
- Continuing to do acts of kindness throughout the school year.
- Mental Health Awareness month will be in May.

PVRSD Middle Schools

Erin Rudolph- Holdrum Middle School

- Students did not start til Mid September.
- Celebrated week of Respect with Spirit Week; HIB lessons/Upstander lessons were presented. Wellness Wednesday lunches in the Wellness Center started; the first activity was making bracelets. We also have an extended advisory in the morning on Wellness Wednesdays.
- Red Ribbon Week is coming up- a motivational speaker Shaun Derek is coming to do two presentations for us, and then doing a Q&A with student leaders to talk about Words Matter, Words Empower, etc.
- Had to reach out to send a letter to parents because incidents were happening at the library.

Beth McIntyre- Woodcliff Lake Middle School

- Week of Respect- had prompts and extended activities. Fall sports are well underway. Our Pink Out Volleyball game is coming up around Halloween. Trunk-or-Treat is coming up.

V. COMMUNITY AND PROVIDER CORNER

Member updates on new programming or services.

Municipal Leaders, Parent Faculty Reps, Faith-Based Reps/Business Leaders.

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Melanie Struble- Body Positive Works

- Local integrative health and wellness center. Psychotherapy, reiki, nutrition, grief and loss work, EFT, Equine Therapy, Art THERapy, Ayurveda, support groups, family work, etc. Specialize in eating disorders/disordered eating, drug and alcohol, grief, etc.
- Off site, we go into schools, corporations, classrooms, etc. to provide support in a variety of settings and areas. Our staff is specialized in these areas to provide extensive support. We love doing these specialized programs, whether it be assembly, small group,
- Free Community Service program coming up in April; Oct 26/27
- melanie@bodypositiveworks.com, 201-708-8448
- Wellness Nights- available to bring in and maybe collaborate with a meeting.
- www.bodypositiveworks.com

Staci Jarnis- Guardian Recovery

- Recently acquired Dr. Frank from New Pathways
- Primary substance use in new Montville Location
- One Year Re-grand opening from 11-2 on-side at the Montville Adolescent location.
- SOAR-FIT- once medical clearance is received, residential inpatient clients are able to access the program.

VI. Current Events

On Monday, September 23, a Grief and Loss presentation was held to support the Pascack Hills community. Special thank you to Jen Velten and Rachel Weil from Care Plus for providing our community with support during this tragic loss.

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We will be hosting **Hidden in Plain Sight**, an interactive evening highlighting the recreation of a teenager's bedroom in which various drug paraphernalia or "stash items" are hidden. The program includes current Cannabis and Nicotine items, as well as other commonly misused substances, on November 20 at Pascack Hills.

Would you see the signs of youth alcohol and drug use in your home?

HIDDEN IN PLAIN SIGHT

Looks can be very deceiving - especially if you don't know what to look for.

Learn how to identify drug paraphernalia, hiding places, lingo, signs and symptoms that may indicate alcohol or other drug use by a teen or young adult.

W3dnesday November 20th

7:00pm @ PHHS Gym

Registration is required to attend!

Contact: jjzimmermann@pascack.org



BERGEN COUNTY
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Coalition**

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VII. What to look forward to in 2024-2025!



This new version of the original Screenagers movie addresses issues that elementary school aged kids, parents and educators are facing, i.e., smartwatches in class, unhooking from and monitoring video gaming, social media pressures, exposure too young and what research shows is a healthy amount of screen time. With many solutions to these and other challenges.



Join Screenagers filmmaker Delaney Ruston as she picks up her camera once more to examine the impact of our digital age on teens' decision-making in relation to substances such as vaping, drugs, and alcohol.

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Exploring the latest research and learning more about the personal experiences of teens and families, the film highlights the changing landscape of the substances themselves, offering solutions for how we can best empower teens as they face decisions about what they will and will not be influenced by.

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